

The Thirteen Essential Rudiments

of

the National Association of Rudimental Drummers

No. 1
The Long Roll

No. 2
The Five Stroke Roll

No. 3
The Seven Stroke Roll

No. 4
The Flam

No. 5
The Flam Accent

No. 6
The Flam Paradiddle

No. 7
The Flamacue

No. 8
The Ruff

No. 9
The Single Drag

No. 10
The Double Drag

No. 11
The Double Paradiddle

No. 12
The Single Ratamacue

No. 13
The Triple Ratamacue

* All Rudiments are to be played Open and Close